



NOTICE OF ANNUAL GENERAL MEETING OF SHAREHOLDERS

The annual general meeting (the "Meeting") of Shareholders of **Forum Energy Metals Corp.** (the "Company") will be held at the offices of the Company, Suite 615, 800 West Pender Street, Vancouver, BC, on Tuesday, December 15, 2020 at 10:00 a.m. local time, for the following purposes:

1. To receive and consider the financial statements for its fiscal period ended November 30, 2019 and the report of the auditor of the Company thereon.
2. To fix the number of directors of the Board of the Company at seven (7).
3. To elect directors of the Company for the ensuing year.
4. To appoint an auditor of the Company for the ensuing year and to authorize the directors to fix the auditor's remuneration.
5. To re-approve the Company's 10% rolling Stock Option Plan.
6. To consider any permitted amendment to or variation of any matter identified in this Notice and to transact such other business as may properly come before the Meeting or any adjournment thereof. Management is not currently aware of any other matters that could come before the Meeting.

An Information Circular accompanies this Notice together with a form of proxy, voting instruction form and a supplemental mailing return card. The Information Circular contains details of matters to be considered at the Meeting.

In light of ongoing public health concerns related to the COVID-19 pandemic and in order to comply with the government decrees, the Company is requesting that shareholders not attend the Meeting in person. Rather, the Company encourages shareholders to submit their vote by proxy ahead of the Meeting in accordance with the instructions described below and in the Information Circular.

Person who have within 14 days of the date of the Meeting: (i) COVID-19 symptoms, (ii) been in close contact with another person with COVID-19 symptoms, or (iii) travelled outside of Canada, cannot attend the meeting and should therefore only vote by proxy. For those shareholders who attend the Meeting, physical distancing measure will be applicable, as directed by the Provincial Health Officer. The Company also reserves the right to change the location, date and time of the meeting based on developments with the COVID-19 pandemic.

Shareholders who are unable to attend the Meeting in person and who wish to ensure that their shares will be voted at the Meeting are requested to complete, date and sign the enclosed form of proxy or complete another suitable form of proxy and deliver it by fax, by hand or by mail in accordance with the instructions set out in the form of proxy and in the Information Circular.

Shareholders who are not Registered Shareholders but who plan to attend the Meeting must follow the instructions set forth in the voting instruction form or proxy form sent to them. If you hold your Shares in a brokerage account, you are not a Registered Shareholder.

DATED at Vancouver, British Columbia, this 16th day of November, 2020.

BY ORDER OF THE BOARD

**Richard Mazur
President and CEO**