



FORUM ENERGY METALS CORP.
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NEWS RELEASE

FORUM ENERGY METALS ACTIVITIES AT THE 2022 PDAC IN TORONTO

Vancouver, B.C., June 9, 2022 - You are welcome to join Forum Energy Metals at Booth # 3029 in the Investor Exchange at the 2022 PDAC, being held at the Metro Toronto Convention Centre, Monday June 13th through Wednesday June 15th.

Technical meetings with management and partnering inquiries on Forum's portfolio of uranium, copper, nickel and cobalt projects in Saskatchewan, Nunavut and Idaho can be arranged with Ken Wheatley, Vice President, Exploration and the Forum team at our booth, or contact: **Rick Mazur, President & CEO**, mazur@forumenergymetals.com; 604-630-1585.

On Monday, June 13th at 11:00 AM, Forum will be hosting a presentation and discussion at its booth # 3029 with **John Feneck of John Feneck Consulting LLC**. A Market Strategist and former portfolio manager with Merrill Lynch Funds (now Blackrock) and JP Morgan Chase Funds, John was also a member of the precious metals team at Sprott. Over the years he has developed a compelling record with a focus on the metals and mining sector. John will present his current thoughts on the junior resource market, which will include his views on Forum Energy Metals Corp. For more information about John Feneck: go to www.feneckconsulting.com.

On Tuesday, June 14th at 11:20 AM, President & CEO Rick Mazur will be a guest panelist at the Exploring for Critical Minerals in Canada's North session at the INVEST CANADA NORTH FORUM being held at the Intercontinental Toronto Centre Hotel Ballroom "A". To register: <https://www.eventbrite.ca/e/pdac-2022-invest-canada-north-forum-tickets-356664893297>.

Invest Canada North Forum
EXPLORING FOR CRITICAL MINERALS IN CANADA'S NORTH PANEL
14, June 2022 11:20 am EST
Ballroom A
Intercontinental Hotel, Toronto
Register here: bit.ly/ICNFORUM

It's time to discover investment opportunities in Canada North: Yukon, Northwest Territories, and Nunavut.
Canada North has arguably the world's greatest untapped potential for critical and green energy metals and minerals.

FORUM ENERGY METALS CORP. Rick Mazur President & CEO
Strategic METALS LTD. Doug Eaton President & CEO
FIREWEEDZINC Brandon MacDonald President & CEO
FORTUNE MINERALS LIMITED Robin Goad President & CEO

The banner is split into two main sections. The left section has a dark blue background with white and yellow text. The right section has a dark, textured background with a red outline of a map of Canada and a red cross symbol. At the bottom, there are four logos and names of the participating companies.

About Forum Energy Metals

Forum Energy Metals Corp. (**TSX.V: FMC**; **OTCQB: FDCFF**) is a diversified energy metal company with uranium, copper, nickel, and cobalt projects in Saskatchewan, Canada's Number One Rated mining province for exploration and development, a strategic uranium land position in Nunavut and a strategic cobalt land position in the Idaho Cobalt Belt. For further information: www.forumenergymetals.com

ON BEHALF OF THE BOARD OF DIRECTORS

Richard J. Mazur, P.Ge.
President & CEO

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

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